

**30 MINUTE SESSIONS
AGES 4+**

Ms. Reiko

Lunney Youth Center

MONDAY	1-7:30 p.m.
WEDNESDAY	1-6 p.m.
THURSDAY	1-7 p.m.
FRIDAY	1-7 p.m.

Ms. Kimiko

Lunney Youth Center

TUESDAY	1-8 p.m.
WEDNESDAY	1-8 p.m.
FRIDAY	1-6 p.m.
SATURDAY	10 a.m.-Noon



LUNNEY YOUTH CENTER

Bldg. 112

226-3220

- Office Hours
Monday-Friday
11 a.m.-5:30 p.m.
- Youth Facility Hours
Monday-Friday
2:15-6:30 p.m.
- Early Release Wednesdays
1:15-6:30 p.m.
- No School
1-6:30 p.m.
- Weekends, federal holidays
& PACAF family days
CLOSED

MISAWA
YIP
INSTRUCTIONAL PROGRAMS

updated Feb. 2019

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Misawa Lunney Youth Center
Misawa Instructional Programs

*Listed prices are per session.
All class schedules are subject to change without notice.*



GYMNASTICS

Coach Vicky

Weasels' Den

MONDAY

3:45–4:45 p.m.	Girls 1A (Ages 5–7 Beginner)
4:45–5:45 p.m.	Girls 2A (Ages 5–7 Intermediate)
5:45–6:45 p.m.	Girls 1B (Ages 8–12 Beginner)
6:45–7:45 p.m.	Girls 1A (Ages 5–7 Beginner)

TUESDAY

3:45–4:45 p.m.	Tumbling (Ages 5–7 Beginner)
4:45–5:45 p.m.	Girls 2B (Ages 8–12 Intermediate)
5:45–6:45 p.m.	Girls 1A (Ages 5–7 Beginner)

WEDNESDAY

3:30–4:15 p.m.	Little Beginners (Ages 3–4 years)
4:45–5:30 p.m.	Beginners (Placement Only)
5:45–6:45 p.m.	Girls 1B (Ages 8–12 Beginner)

THURSDAY

3:45–4:45 p.m.	Girls 1B (Ages 8–12 Beginner)
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FRIDAY

3:45–4:30 p.m.	Little Beginners (Ages 3–4 years)
4:45–5:45 p.m.	Girls 2B (Ages 8–12 Intermediate)
5:45–6:45 p.m.	Girls 1A (Ages 5–7 Beginner)



Coach Stephanie

Weasels' Den

MONDAY

9:30–10:10 a.m.	Toddler Tumbling (18 mo.–2 years)
10:20–11 a.m.	Tumble Tots (Ages 2–3.5)
3:45–4:45 p.m.	Beginner Gymnastics (Ages 5–6)
4:45–5:45 p.m.	Gym Bugs (Ages 3.5–5)
5:45–6:45 p.m.	Cheerleading (Ages 7+)

TUESDAY

9:30–10:10 a.m.	Toddler Tumbling (18 mo.–2 years)
10:20–11 a.m.	Tumble Tots (Ages 2–3.5)
11:10–11:55 a.m.	Gym Bugs (Ages 3.5–5)
3:45–4:45 p.m.	Beginner Gymnastics (Ages 5–6)
4:45–5:45 p.m.	Boys Gymnastics (Ages 5–7)
5:45–6:45 p.m.	Cheerleading (Ages 7+)

GYMNASTICS

WEDNESDAY

9:30–10:10 a.m.	Toddler Tumbling (18 mo.–2 years)
10:20–11 a.m.	Tumble Tots (Ages 2–3.5)
11 a.m.–Noon	Beginner Gymnastics (Ages 5–7)
Noon–1 p.m.	Beginner Gymnastics (Ages 8–10)
3:45–4:45 p.m.	Beginner Gymnastics (Ages 5–6)
4:45–5:45 p.m.	Gym Bugs (Ages 3.5–5)
5:45–6:45 p.m.	Cheerleading (Ages 7+)

THURSDAY

9:30–10:10 a.m.	Toddler Tumbling (18 mo.–2 years)
10:20–11 a.m.	Tumble Tots (Ages 2–3.5)
11:10–11:55 a.m.	Gym Bugs (Ages 3.5–5)
3:45–4:45 p.m.	Boys Gymnastics (Ages 8–10)
4:45–5:45 p.m.	Beginner Gymnastics (Ages 5–6)
5:45–6:45 p.m.	Cheerleading (Ages 7+)

FRIDAY

4:45–6:45 p.m.	Advanced Level 3 Gymnastics (Placement Only)
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Ms. Chiyuki

Lunney Youth Center

MONDAY

3:15–4:15 p.m.	Ballet (Ages 4+)
4:15–5:15 p.m.	Ballet (Ages 6+)
5:15–6:15 p.m.	Ballet (Ages 8+)
6:15–7:30 p.m.	Intermediate Ballet (Ages 10+, Placement Only)

Ms. Mallory

Lunney Youth Center

TUESDAY

5–5:45 p.m.	Intermediate Ballet/Jazz/Tap (Ages 3–4)
5:45–6:30 p.m.	Level 2 Ballet/Jazz/Tap (Ages 6–7)
6:30–7:30 p.m.	Level 3 Ballet/Jazz/Tap (Ages 8–10)

WEDNESDAY

5–5:45 p.m.	Pre Ballet/Jazz (Ages 2–3)
5:45–6:30 p.m.	Level 1 Ballet/Jazz/Tap (Ages 5–6)
6:30–7:45 p.m.	Level 4+ Ballet



BALLET

HIP HOP DANCE

Ms. TJ

Lunney Youth Center

THURSDAY

4–4:45 p.m.	Hip Hoppers (Ages 5–7)
5–6 p.m.	Eight Countz (Ages 7–10)
6–7 p.m.	Colorz Crew (Ages 11+)
7–8 p.m.	Diversity (Ages 11+, Placement Only)

SATURDAY

10–10:45 a.m.	Beginner Jig (Ages 3.5–5)
10:50–11:35 a.m.	Show Stoppers (Ages 5–7)



Ms. Kazuko

Lunney Youth Center

AGES 8+

TUESDAY

5–6 p.m.	Beginners Part 1
6–7 p.m.	Beginners Part 2 (Placement Only)
7–8 p.m.	Intermediate (Placement Only)
8–9 p.m.	Advanced (Placement Only)



TAIKO DRUMS