

Misawa AB Fitness and Sports Center

Statement of Understanding (SOU) and Waiver/Assumption of Risk Form

I understand and agree that my access to Potter Fitness Center and Iron Hand Community Fitness during unmanned hours is a privilege which can be retracted for not abiding by this SOU.

I understand:

- All current authorized patrons defined by AFI 34-101, *Air Force Morale, Welfare, and Recreation (MWR) Programs and Use Eligibility*, approved by the installation commander, and over the age of 18 (Active Duty can be age 17) may be issued a Fitness Center access card to enter Fitness Center facilities during unmanned hours and are responsible to report any misuse, abuse or violations to Security Forces or the FSC staff.
- I am **NOT** permitted to have guests with the exception of dependents under the age of 18 in the facility during unmanned hours. All patrons must have a Fitness Center Access Card to enter the facilities. **Dependents under the age of 18 are permitted during unmanned hours, and MUST continue to adhere to the Age Policy Restrictions. The sponsor will be responsible for the conduct of their dependents. *Surveillance cameras will record activities within the facilities during unmanned hours.***
- A wingman is “highly encouraged”.
- **I will be required to swipe my Fitness Access card for entry/re-entry.** If I am already in the facility at the time of closing, I will exit the facility to scan my access card for re-entry and accountability purposes.
- Holding or propping the door open is **STRICTLY PROHIBITED**, and will result in the loss of my privilege. I will ensure that the door closes securely following my entry. **Sharing my Fitness Center access card is considered theft of services and will be prosecuted IAW the UCMJ.** All other doors MUST remain closed and secured unless required for an emergency.
- **The areas not available for use will be locked or clearly marked as restricted to include but not limited to:**
 - Sauna, steam room, storage closets, janitor closets, and office spaces.
- In case of any emergency or need for assistance, a landline phone is located at the front desk foyer. It can also be used to report any issues with the facility (HVAC, burned out lights, broken doors or windows, etc.).
- **The Fitness Center will NOT be liable for loss, theft, or damage to my personal belongings.**

Violation of this SOU and Assumption of Risk Form will result in loss of my privileges and subject me to further disciplinary actions:

- **First Violation:** Loss of 24/7 Access for **14 calendar days**. Notice will be sent to the sponsor’s First Sergeant.
- **Second Violation:** Loss of 24/7 Access for **30 calendar days**. Notice will be sent to the sponsor’s Unit Commander.
- **Third Violation:** Loss of 24/7 Access for **12 months**. Notice will be sent to the sponsor’s First Sergeant and Unit Commander.

I am ☐ / am not ☐ familiar with how to safely operate all fitness equipment available during unmanned hours. If not, an equipment orientation is required prior to utilizing the 24/7 Access program.

Orientation Date: _____

I am ☐ / am not ☐ familiar with the emergency procedures/information, and how to use the emergency telephone, Automated External Defibrillator (AED), and First-Aid Kit and their location. If not, training will be provided.

Orientation Date: _____

I acknowledge that I have read and understood this SOU and Assumption of Risk form, and I am fully aware of the published procedures required to utilize Potter Fitness Center and Iron Hand Community Fitness during unmanned hours. I agree that I will return my issued 24/7 Access card as part of my out-processing and prior to my departure from Misawa AB. I have been briefed on the Fitness and Sports operational and emergency procedures.

Phone Number: _____ **E-Mail:** _____

Sponsor's Name/Unit (if applicable): _____

Signature: _____ **Date:** _____

***** FITNESS CENTER STAFF USE ONLY*****

FSC Staff Signature: _____ **Date:** _____

Card Control Number

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Authorized Card Renewal

Reason/Date/FSC Staff Initials
