

# Misawa Outdoor Adventure Program Assumption of Risk, Hold Harmless, and Indemnity Form

Trip/ Event Name: \_\_\_\_\_

Trip/ Event Date: \_\_\_\_\_

**Terms:**

**INDEMNIFY** – The act of agreeing to secure another against an anticipated loss or damage.

**WAIVE** - To abandon or forsake a right.

**RELEASE** - The giving or discharging of a right of action which a person has or may claim against another.

**HOLD HARMLESS** - In a contract, a promise by one party not to hold the other party responsible if the other party carries out the contract in a way that causes damage to the first party.

**Primary Participant Contact Information**

Name: \_\_\_\_\_ Age: \_\_\_\_\_

Phone Number: \_\_\_\_\_ Email Address: \_\_\_\_\_

**Additional Participant (dependent under 18 years of age of primary) Contact Information**

Name: \_\_\_\_\_ Age: \_\_\_\_\_

Phone Number: \_\_\_\_\_ Email Address: \_\_\_\_\_

**Additional Participant (dependent under 18 years of age of primary) Contact Information**

Name: \_\_\_\_\_ Age: \_\_\_\_\_

Phone Number: \_\_\_\_\_ Email Address: \_\_\_\_\_

**Additional Participant (dependent under 18 years of age of primary) Contact Information**

Name: \_\_\_\_\_ Age: \_\_\_\_\_

Phone Number: \_\_\_\_\_ Email Address: \_\_\_\_\_

**Local Emergency Contact Information (Unit Leadership, Supervisor, 1st Sgt, Etc.)**

Name \_\_\_\_\_ Unit: \_\_\_\_\_ Relationship: \_\_\_\_\_

Phone Number: \_\_\_\_\_ Email Address: \_\_\_\_\_

**Family/Friend Emergency Contact Information (Spouse, Relative, Friend, Etc.)**

Name \_\_\_\_\_ Relationship: \_\_\_\_\_

Phone Number: \_\_\_\_\_ Secondary Phone Number: \_\_\_\_\_

**Medical Information:** *The information provided is confidential and will not be shared with individuals who are not Misawa Outdoor Recreation Staff or Medical Professionals. It will be kept in accordance with the Privacy Act Statement, Misawa Outdoor Adventure Program, provided for your review. Medical information will help us to better prepare for our adventure and prevent any unnecessary problems.*

1. Do you have any history of allergies or anaphylactic reactions? If yes, please explain. \_\_\_\_\_
2. Do you have any history of asthma?  
If yes, do you carry an inhaler with you?
3. Do you have any history of diabetes or hypoglycemia? If yes, do you carry insulin with you?
4. Do you have any history of heart disease or high blood pressure?

**Pertinent Medical History:** *Please list any other medical conditions, dietary restrictions, injuries, or other limiting factors which our staff should be aware of, and may affect your ability to safely perform the proposed activity:*

“I hereby certify that I do not have any know medical conditions that may interfere with my ability to safely perform the activity or activities of \_\_\_\_\_”

\_\_\_\_\_  
(Signature)

\_\_\_\_\_  
(Date)

\_\_\_\_\_  
(Signature of Parent or Guardian if Minor)

\_\_\_\_\_  
(Date)

# Misawa Outdoor Adventure Program Assumption of Risk, Hold Harmless, and Indemnity Form

I, \_\_\_\_\_ hereby **WAIVE, RELEASE AND HOLD HARMLESS** The United States Air Force, its agents and employees, and any other person connected formally or informally with the Misawa Outdoor Recreation Program as chaperon, trip leader, or otherwise their respective heirs, personal representatives, successors and assigns from any and all claims for injuries or damages or otherwise which may arise from any reason whatsoever as a result of my participation or my child's participation in the said Outdoor Recreation Program **FOREVER**.

I, on behalf of myself and (if applicable) my child, acknowledge that **I AM RESPONSIBLE** for the condition of my own personal well-being, health, and equipment. Personal effects are **MY** sole responsibility. I further acknowledge that \_\_\_\_\_ is a dangerous sport or activity and various injuries may occur including, but not limited to, cuts, scrapes, bruises, traumatic injuries, and death. I further understand that events out of the control of the Outdoor Recreation Program may unwillingly create these situations and therefore **HOLD HARMLESS** and **INDEMNIFY** any and all of the aforementioned entities **FOREVER**.

In the event of storm, inclement weather, acts of God, vehicle malfunction, equipment malfunction, breakdown, strikes, work stoppages, or other causes or events beyond the control of the United States Air Force, its agents and employees, I shall pay and be responsible for all costs, charges, and expenses arising out of but not limited to charges imposed by carriers, lodging management, destination area, equipment rental stores, or otherwise.

I know that growth of vegetation, debris of various types, and many other hazards or obstacles, marked or unmarked, exist within the area(s) of this particular activity/trip: I assume the dangers involved and **WAIVE** any right to hold liable the United States Air Force, its agents and employees of any liability whatsoever for the conditions or events that may unfold due to those conditions, at the area(s) involved **FOREVER**.

I am further made aware that it is my responsibility to inform the Outdoor Adventure Guide(s) of any and all conditions, physical or otherwise, that might limit my abilities during trips and programs that may include, but are not limited to, physically demanding exercise or movement, water activity, heights, fine motor skills, and mentally and emotionally stressful situations. Failure to do so, could limit the ability for productive patient care in the event of an accident/incident. I am also fully aware that advanced medical care could be hours away based on trip locations.

Moreover, I have provided emergency contact information on the reverse of this form. Emergency contacts must include individuals that are not a participant in the same trip.

I have read the above and agree to the conditions stated.

\_\_\_\_\_  
(Signature)

\_\_\_\_\_  
(Date)

\_\_\_\_\_  
(Signature of Parent or Guardian if Minor)

\_\_\_\_\_  
(Date)

**Print**