

DEPARTMENT OF THE AIR FORCE



FITNESS & SPORTS

POTTER FITNESS CENTER RENOVATIONS

& FSS Operational Impacts

35th Force Support Squadron



35th

FSS

Misawa Air Base, Japan

Potter Fitness Center (PFC) is gearing up for an exciting renovation! While services will temporarily be impacted, it's all part of a long-term win. A key priority throughout the planning process has been to ensure continued access to fitness equipment and facilities during the move and renovation.

Starting in March, some FSS facilities will be affected, with construction officially kicking off in May and continuing for approximately 700 days. Upgrades and repairs to the front building of PFC (BLDG. 622) will include new energy-efficient heating and ventilation systems, construction to expand operational capacity, upgraded electrical, plumbing, fire protection and life-safety systems.

FSS is excited about the facility modernizations ahead and the enhanced overall fitness experience for everyone. Thank you for your patience and support as we work to build a stronger, better space for our community!

March 30

- First day of equipment movement: Bushido Fitness Center (BLDG. 1006, Bay 1), PFC Mega Weight Room & Banzai's Playground CLOSED 8 a.m.–4 p.m. (open after 4 p.m.)
- Bushido Fitness Center begins 24/7 manned operations starting at 4 p.m.
- Freedom Fitness Center begins 9–11 a.m. manned operations (Sauna open 9–11 a.m.)

March 31

- Bushido Fitness Center (BLDG. 1006, Bay 1), PFC Mega Weight Room & Banzai's Playground CLOSED 8 a.m.–4 p.m. (open after 4 p.m.)

April 1

- Last day of equipment movement: Bushido Fitness Center (BLDG. 1006, Bay 1), PFC Mega Weight Room & Banzai's Playground CLOSED 8 a.m.–4 p.m. (open after 4 p.m.)
- Potter Fitness Center front building (BLDG. 622) retains 24/7 card access & Monthly Fitness Classes in the same rooms
- Bushido Fitness Center fully operational after 4 p.m.

April 4

- Bushido Fitness Center (BLDG. 1006, Bay 1) CLOSED 8 a.m.–3 p.m. due to power outage

April 11

- Bushido Fitness Center Grand Opening Ceremony

April 24

- Monthly Fitness Classes and final pieces of equipment relocate to BLDG. 620

April 30

- Potter Fitness Center begins 24/7 manned operations (through BLDG. 620 back entrance)
- Last day of 24/7 card access at Potter Fitness Center and Iron Hand (manned 24/7)

FITNESS CENTERS

EQUIPMENT & SERVICES RELOCATION PLAN

Weight Training & Cardio

- Mega Weight Room → BLDG. 1006, Bay 1
- Overflow Cardio Room → BLDG. 1006, Bay 1

Training Spaces

- Spin Classes → BLDG. 620 (Aggression Mat Area)
- Multi-Purpose Room → BLDG. 620 (Adjacent to Aggression Mat Area)
- Aggression Mat Area → BLDG. 1006, Bay 1

Specialty Facilities

- Racquetball Courts → Temporarily unavailable during renovations

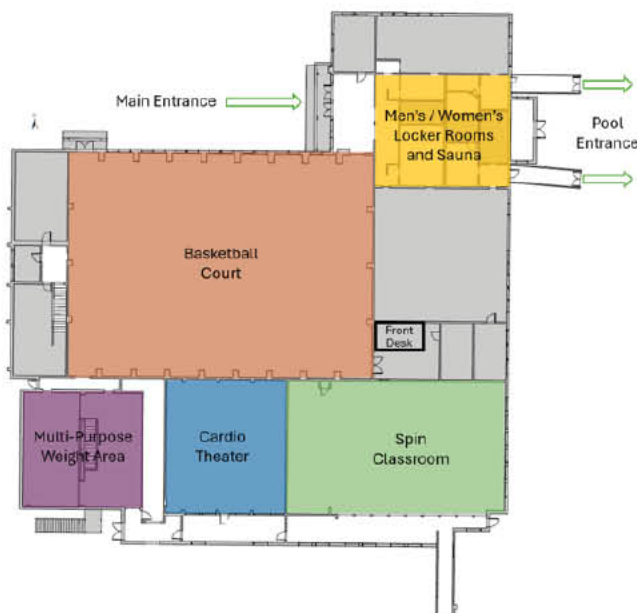
Locker Rooms & Recovery

- Showers/Saunas → Available in Potter Fitness Center back building (BLDG. 620) or Freedom Fitness Center (BLDG. 1962)

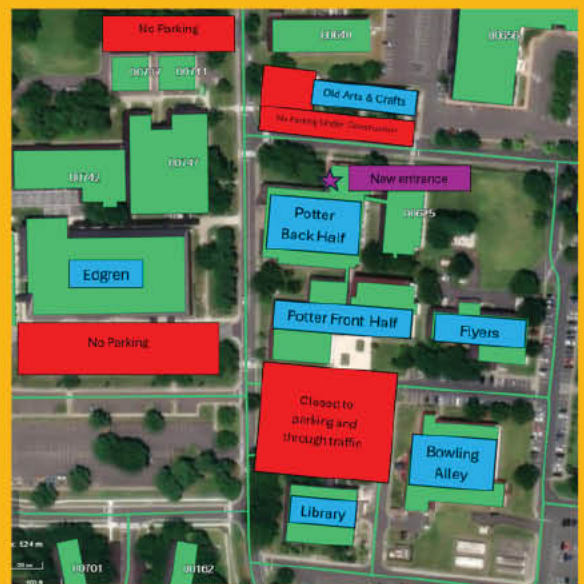
Follow us on FB for a daily update on location of Mega Weight Room equipment during the 3-day relocation
@MisawaFitness&Sports



Potter Fitness Center (BLDG. 620) Layout



Parking



Starting Friday, May 1, Potter Fitness Center Parking Lot will be CLOSED (no parking or through traffic)

FSS OPERATIONS

SERVICES RELOCATION PLAN

Fit Pit

- Friday, April 3: Last day at PFC → Misawa Club BLDG. 485, Tomodachi Room
- Tuesday, April 7: Fit Pit operations open at the Misawa Club (M–F 7 a.m.–4:30 p.m.)

Community Commons

- Friday, March 27: Staff → Military Family & Readiness Center (M&FRC) BLDG. 656
Unite requests and community event planning will continue
- Rental Equipment (stage, costume and other equipment rentals) → Outdoor Recreation BLDG. 486
- Events such as Bingo → Misawa Club BLDG. 485 (Bingo ticket pre-sales will be available through Information, Tickets and Travel (ITT))
- Banzai's Playground: Remains available with new playground gate

Available Spaces

- Reservable Event Spaces: Misawa Club, Faultline*, Wild Weasels' Bar & Grill*, Mayors' Room, Davy Jones Locker*, Ski Lodge, Base Beach Cabins & Pavilions, Area 35 Pavilion, Lakeview Grille* (with lunch reservation), Walmsley Bowling Center, the fish Bowl at Himberg Pool, Grissom Dining Facility (official military events only)*, the Barn at Weasels' Den

*Free to reserve

- Indoor Playgrounds: Banzai's Playground, Weasels' Den Playground
- Exercise: Potter Fitness Center back building (BLDG. 620), Bushido Fitness Center (BLDG. 1006, Bay 1), Freedom Fitness Center (BLDG. 1962), Iron Hand Fitness Center (BLDG. 1006, Bay 3), Weasels' Den, Outdoor Fields

Bushido Fitness Center (BLDG. 1006, Bay 1) Layout



Parking

